



## THE ROLE OF EDUCATION AND UPBRINGING IN THE FORMATION OF YOUTH SPIRITUALITY

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### Abstract

Establishing a new democratized and modernized society in our country demands to raise a mature generation and a perfect person who has high intelligence, is mentally healthy, free-thinking and independent, and at the same time has a deep sense of social responsibility. After all, the issue of personnel has become the main strategic basis of our national development, one of the priority directions of the development of our independent state at the beginning of the 21st century. Proposals and recommendations have been developed on enriching the worldview of young people in today's globalized world, instilling in them loyalty to the Motherland, a sense of belonging to its development, forming national pride, raising them in the spirit of national and universal values, education of highly qualified specialists who can respond to the sharp intellectual-spiritual competition of the present time, able to make independent decisions, to bring the content of education to a qualitatively new level by restructuring the educational system in democratic and humanitarian directions.

**Keywords:** Education, spirituality, technology, information communication, modernization, computer, multimedia, creativity, person, family, national idea, spirituality, ideology, culture, technology, interactive, learning process, thinking, activism, authoritarian, democratic, liberal, threat, multimedia, presentation, innovation, universal value.

It is necessary to take into account that the changes taking place in the economic, social, political and cultural spheres of our country depend on the educational system, which determines the intellectual potential of our country in the future and is considered the main condition for its development. After all, the main goal of the fundamental reforms implemented in our society is, first of all, to educate the young generation as a spiritually mature and perfect person. In this regard, the role of the





continuous education system is extremely important. Therefore, the rise of the spiritual intellectual potential of young people, its development at a qualitative level, not only affects the increase in educational efficiency, the improvement of the system in this field, but also significantly contributes to the growth of all areas of this social system. it's a secret.

In this regard, it is necessary to give primary importance to the issues of spirituality and enlightenment, the tasks of strengthening independence, and in the field of education, we need to explain concepts such as a healthy generation, a spiritually mature person, and a perfect person, and reveal their essence. As we said above, they are essentially the same concept. Directing a person to correctness, honesty, purity, patriotism and humanitarianism, goodness and even high morality is the essence and content of these concepts. Today, the reason why we attach primary importance to these issues is only a country with morally perfect citizens, whose faith, belief and moral qualities are self-reliant, strong in spirituality, deeply rooted in the sense of national responsibility and can develop independently and stably. The great future will be created and raised only when it relies on spiritually perfect people. Therefore, it is an important and urgent issue to raise a spiritually mature person and a healthy generation.

It is known that our forefathers considered knowledge, education and upbringing to be the most important condition and guarantee of human perfection and development of the nation. Of course, education is a product of consciousness, but at the same time it is the most important factor that determines the level of consciousness and its development, that is, it forms and enriches the spirituality of the people. Therefore, it is impossible to develop spirituality without changing the education system and, on this basis, consciousness.

For this reason, superficial, formal approaches and ill-thought-out work are absolutely unacceptable in this area. After all, Article 41 of the Constitution of the Republic of Uzbekistan stipulates the following: "Everyone has the right to education. Free general education is guaranteed by the state. School affairs are under the control of the state" [1]. This is a nationwide issue that requires the participation and support of the general public, the entire nation.

We must not forget that the foundation of our future is created in the fields of knowledge, in other words, the future of our nation depends on the education and upbringing of our children today. For this, every parent, teacher, and coach needs to see a person first in the identity of each child. Based on this simple requirement, we should accept that the main goal and task of the field of education should be to raise our children to be perfect people who have the ability to think independently and





broadly. This requires modern technologies to carry out the work of education and upbringing in harmony.

Therefore, a new approach to teaching the basics of spirituality in the continuous education system, using non-traditional methods (technical bases) is the demand of the times. The concept of "technology" means "method", "style", "skill" [2]. Teaching by designing lesson processes based on the universal principles of democracy requires the use of technology.

A teacher is a person who has organizational, creative and speaking skills through intellectual and creative work, who can influence young people on the basis of education. So, today's teaching profession is entrusted with so many responsibilities that it requires a lot of strength, will and patience to work tirelessly on oneself. About this, the great scholar Ibn Sina in his work "Tadbiri Manzil" emphasizes that children should be formed in a community, in a group, when teaching them to read and write at first [3]. In our opinion, this is directly related to the organization of today's interactive lesson. Interactive methods imply the goal of achieving high results in a short time without spending too much mental and physical effort.

From this point of view, it is necessary to use different methods in conducting lectures during the lesson, because today in the center of education both the object and the subject are the student himself. First of all, the teacher should maintain authoritarian (maintaining order), democratic (listening to students and correct assessment), and liberal (interacting) aspects during the lesson. Only then will analytical and critical thinking be formed and help to develop respect for the opinion of others, this method teaches to assess the situation, draw conclusions and make decisions [4]. Therefore, in the system of continuous education, in addition to modern methods to raise the spirituality of young people, based on the lessons "Education", "National Idea", "Spirituality", the intended goal can be achieved by introducing them to history and national cultural heritage, arranging tours to museums, historical monuments, remains of ancient cities, castles, writing essays about impressions, effectively organizing students' free time after school, not leaving it out of the control of parents and educational institutions, restoring the national idea to students through multimedia, presentation, slides during class, and showing documentaries in the spirit of fighting against moral threats, further improving the regularity and efficiency of special courses on the works of the President in all educational institutions, further expanding the promotion of spirituality through mass media, increasing the number of programs celebrating the national identity.

First President of the Republic of Uzbekistan I.A.Karimov emphasized the importance of using information technologies in the continuous education system of the Republic





of Uzbekistan as follows: "We must deeply understand the importance of mastering modern methods of modern information and computer technologies, internet system, digital and wide-format telecommunications in the field of education, creating a foundation for such advanced achievements, which determine the level of today's development, to penetrate not only into schools, lyceums and colleges, universities, but also into the life of every family" [5].

In fact, in the modernization of the educational system, various directions of advanced pedagogical technologies, which are increasingly actively used in all stages of education, create optimal conditions for the manifestation of the spiritual strength and abilities of students. We all know that information and communication technologies, which are developing year by year in the educational system, serve to raise the educational process to a higher level in terms of quality and content. In particular, it is appropriate to use modern technical means for the meaningful organization of the educational process [6]. In particular, the use of modern means of technology, information, computer, multimedia, Internet, distance education, unified information environment and similar information and communication technologies is bearing its fruit. The successful solution of these tasks requires the teacher to use modern interactive educational technologies in the educational process.

When designing pedagogical technology, it is important to take into account the individual and age characteristics of students and their level of preparation. After all, According to the President of the Republic of Uzbekistan Sh.M.Mirziyoyev, "Uzbekistan must be globally competitive in the field of science, intellectual potential, modern personnel, high technologies" [7].

In our opinion, it is appropriate to pay special attention to the following in order to increase the effectiveness of education. These include:

- to improve the quality of teaching and efficiency in the continuous education system by using interactive methods in the educational process as advanced foreign experiences [8];
- a creative, innovative approach to enriching the work experience of pedagogues and effectively organizing the educational process in this regard by effectively applying the best practices and modern pedagogical technologies used in the educational practice of developed foreign countries to the activities of republican continuing education institutions decision-making [9];
- collecting local experiences on improving the quality and ensuring the efficiency of education, with a special focus on increasing the learning activity of students and young people in the continuous education system, and popularizing them[10].





In conclusion, we would like to say that in the continuous education system, one of the main tasks is to educate a morally mature person and a healthy thinking generation by instilling the national idea into the inner world, mind and heart of students. One of the priority goals of our society is to educate a well-rounded generation [9]. After all, only spiritually perfect people can create a great future. Therefore, it is appropriate to fully review the teaching system in all educational institutions in our country, using world experiences, and apply the most optimal aspects, to further increase the effectiveness of national idea classes, and to use innovative technologies effectively. These are the processes that are characteristic of the demand of the time that is happening in the current era of globalization.

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