



THE WAY TO THE HUMAN HEART BEGINS WITH KINDNESS AND GENEROSITY

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Annotation

Kindness and doing good is a means of increasing people's mutual love and sincerity. These aspects are emphasized in religious and philosophical sources. This article will discuss this issue.

Keywords: generosity, kindness, sincerity, good words, Islam.

INTRODUCTION

Despite the fact that a number of personal values have been studied in psychology, studying the role of generosity and greed qualities in the formation of a person and the mechanisms of their formation is one of the urgent problems of psychology. In the world, a wide range of program measures have been implemented for the formation of moral concepts in the ontogenetic development of a person, in particular, the development of behavioral skills based on the manifestation of generosity. In particular, since 2010, the British company Charities Aid Foundation (CAF) has been determining the level of generosity index (World Giving Index) among 153 countries of the world. This index is defined on the basis of the following three criteria: the frequency of helping a stranger, the activities of charity organizations, and the population's activity in voluntary activities. According to the World Giving Index, published in June 2022, Uzbekistan took 29th place [2].

MAIN PART

In addition, since November 29, 2012, international charity has been organized in about 100 countries of the world under the heading "Generous Tuesday"². Within the framework of this charity, thousands of people promote the unprecedented positive aspects of generosity among the population and set a personal example. In addition, systematic work is being carried out by the United Nations Organization on issues of education of competences necessary for a person to grow up to be a fully mature and well-rounded generation in the drawing up of prospective cooperation plans with the countries of the world. World scientific research institutions and centers are carrying out scientific research on improving interpersonal relations, forming generosity in children from an early age, correcting greed in child-child relationships, studying the problems of the role of generosity in personal development.

In particular, in these studies, the influence of the family upbringing style on the formation of greed and generosity in children, greed of only children, lack of love and warm feelings for the child in the family, jealousy between brothers or sisters, relations with the child's peers lack of ability to build, low emotional intelligence and other reasons, attention is being paid to studying the factors that cause greed. The opinions of Eastern scholars on the spiritual development and education of children have not lost their importance even today. For example, Abu Nasr Farabi's "The City of Virtuous People",



Yusuf Khos Hajib's "Kutadgu Bilig", Jalaluddin Davani's "About Child Education", Kaikovus' "Nightmare", Alisher Navoi's "Mahbub ul-Qulub" and other works. deep pedagogical-psychological views dedicated to education are still today an important force that motivates young people to do various noble deeds in relation to humanity and society.

The "Holy Qur'an" describes the benefits of good deeds - the return of the person who does them: "If you do good deeds, you will be doing good to yourselves" (Surah Isra, verse 7) [4]. Allah, the Exalted, explains that he loves his pious servants, in verse 134 of Surah Ali Imran: "They (the pious) are the ones who do good in the days of prosperity and hardship, overcome their anger, and forgive people (mistakes and shortcomings). "Allah loves those who do good," he says in the 92nd verse of this sura: "Until you donate what you love, you will not reach any good (paradise). Whatever you give in charity, Allah is All-Knowing of it" [3]. A believing servant must show generosity, believing that his sustenance will not decrease with generosity, but blessings will come. Because God believes in the promises of his successor (peace be upon him). Allah Almighty says: "If you donate something (to the needy), then (Allah) will replace it. He is the best of providers" (Surah Saba', verse 39) [6]. And our Prophet (peace and blessings of Allah be upon him) said: "By the One who is in control of my soul, wealth does not decrease with charity" (narration of Imam Tirmidhi) [3]. Moreover, the virtue of generosity is not defined by its abundance or scarcity. The reward of 100,000 soums donated by a rich person may be the same as the reward of 1,000 soums donated by a poor person. Because both of them are coming from their opportunities. The reward of charity is based on sincerity and faith.

Hazrat Jabir (may Allah be pleased with him) says: "The Messenger of Allah (peace and blessings of Allah be upon him) gave us a sermon and said: "O people! Repent to Allah before you die, hasten to do good deeds before you become busy, and make up for yourselves what is between you and your Lord (i.e. forgiveness) by remembering Him a lot! Increase charity openly and secretly, then you will be provided, you will be successful and you will be strengthened" (narration of Ibn Majah). We should know well that generosity brings blessings in this world and great rewards in the hereafter.

CONCLUSION

In conclusion, it can be said that generosity is glorified in the sacred sources of Islam, and those who perform these deeds are considered mentally and spiritually mature people, and it is emphasized that greed is a characteristic that destroys human beauty. In addition, in our sacred sources, in the hadiths about manners, it is shown that the most noble human qualities are moral qualities such as chastity, patience, kindness, gratitude, and generosity, and lust, dissatisfaction, evil, and greed are characteristics that show the manifestation of human weakness. will be The wide use of these holy sources in the process of education and upbringing of young people creates a solid foundation for the formation of characteristics such as generosity, kindness and consistency in them.



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