

## **INCULCATING ECOLOGICAL SPIRITUALITY IN THE WORLDVIEW OF YOUNG PEOPLE IS THE DEMAND OF THE TIMES**

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### **Abstract**

Increasing the ecological spirituality of the mature generation is one of the main environmental problems of today [1-4].

At a time when our values and traditions are being restored, in the worldviews of our young people, we should educate them in an ecological spirit and raise their ecological spirituality in a loving and caring manner towards our Mother Earth, the world of plants and animals, the water that is the blood of the earth, and the clean air - is the demand of the period.

It is time to pay attention to the ecological focus on the effective and entrepreneurial use of natural resources, the full involvement of representatives of the next generation in the protection of Mother Nature, which gave life to humanity.

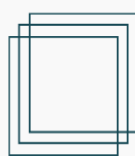
Loving the Motherland begins with loving the nature of the Motherland. Therefore, it will be difficult to educate young people in the spirit of patriotism without creating a true love for Mother Nature in their worldview.

An important aspect of ecological spirituality is to be able to attract the attention of our youth to our spiritual heritage, our spiritual values, to reveal that it is a source of spiritual strength, and to instill in them the desire for ecological spirituality - this is the need of the times.

For this, we believe that it is necessary to bring up our young people to be knowledgeable and thinkers of the past, effectively and use the possibilities of using them, and their inner needs and desires in the true sense of the word.

We believe that only then our young people will be able to clearly imagine the ecological responsibility of today and the ecological perspective of the future, having a deep feeling that self-knowledge begins with understanding the past.

In particular, attracting young people to ecological and biological trips around the country, introducing them to the world of medicine, the world of plants, and the animal world, which are beautiful examples of Mother Nature, will not fail to increase the enthusiasm of young people towards Mother Nature.



Seasonal beautification and greening work among young people, cooperation with nature conservation during Navroz spring holidays will give the expected ecological and moral result. In this regard, "Bird Day" and "Flower Festival" are ecological and spiritual events.

Therefore, it is appropriate to implement a single ecological moral policy in order to positively inculcate environmental spirituality in the worldview of young people. For this, it is necessary to implement a system of environmental general education and prospective work plans for the implementation of a single environmental policy. Because it is impossible to get out of the ecological and spiritual tension that is happening without increasing the ecological and spiritual strength, education, and activity of young people. Therefore, it is appropriate to increase the ecological power, ecological culture and activities of the youth of new Uzbekistan.

We believe that the following system is necessary for the formation of ecological spirituality in the outlook of the perfect generation.

1. We believe that it is appropriate to inculcate ecological spirituality and ecological culture in the family, relying on Uzbek traditions and customs.
2. Pre-school educational institutions should inculcate the basic principles of Mother Nature conservation into their worldview.
3. It is desirable to strengthen the educational system of ecological spirituality in schools, academic lyceums and vocational schools.
4. It is time to increase the teaching hours of the courses "Environmental protection and rational use of natural resources" in higher educational institutions and professional development institutes.
5. A single, ecological education and upbringing system requires the implementation of general, complex and continuous education and upbringing.

The formation and development of spirituality, socio-ecological psychology of young people is a long-lasting dialectical process, and it is completely dependent on socio-economic, socio-political, cultural-spiritual, ecological and other changes in society. will be appropriate.

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