

**SCIENTIFIC STUDY OF THE PROBLEM OF PROFESSIONAL ORIENTATION OF STUDENTS IN
PSYCHOLOGY**

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Annotation:

This article discusses the relevance of the problem of vocational guidance among students of higher medical educational institutions, psychological aspects that are important for their future professional activities.

Keywords: Profession, orientation, medical direction, student's personality, goal, dynamic orientation, self-awareness, professional orientation, owner of the profession.

In today's independent New Uzbekistan, unprecedented progress and changes are taking place in all areas of science, especially in the higher education system. Of course, behind these updates and opportunities, President Sh.M.Mirziyoyev's attention to the educational system and reforms in this area are standing. In the president's address to the Supreme Assembly on December 20, 2022, he said: "the more opportunities we provide to our people, the greater the benefit of this will return to our society ten times, a hundred times. Therefore, the incoming new, I propose to call 2023 "the year of attention and quality education for a person" in our country," the statement said. [1]

These thoughts themselves are also a sign that the education system is being focused on at the level of Public Policy. Because statehood, the next day of the motherland, today is built by individuals with good and high-quality education. Presidential decree PF-5847 "on approval of the concept of development of the higher education system of the Republic of Uzbekistan until 2030 " dated October 8, 2019;

In order to develop the system of higher education in our country until 2030, to increase the level of coverage with higher education by 50% on the basis of the development of Public-Private Partnership in the field, the organization of the activities of public and non-governmental higher education institutions in the regions, to create a healthy competitive environment in the field;

step-by-step transfer of the educational process in higher educational institutions to the credit-module system;

from international experience, the introduction of advanced standards of higher education, including a step-by-step transition from an education aimed at obtaining theoretical knowledge in educational programs to an educational system aimed at the formation of practical skills;

it is determined to raise the content of higher education to a qualitatively new level, establish a system of highly qualified personnel training, which will make a worthy contribution to the sustainable development of the social sphere and economic sectors, find a place in the labor market, and many other promising goals [2].

True today, advances in the higher education system, in particular in medical academies, are bisyor, however, the problems that are waiting for their solution in the field are also fraught. For example, we can cite problems in the system of professional orientation in students of medical orientation. Because, the high level of professional orientation of the future medical worker is one of the main

factors that ensure that he can achieve achievements in the process of his activity, as well as successfully act.

At this point, it is correct to dwell on the essence of the concepts of “profession” and “orientation”.

A profession is a certain type of experience, preparation, required activity, sphere, craft of human work activity. The profession is achieved through general and special education and practical experience.

The great ancestors mentioned in their works that being professional is an incredibly necessary need for Man. In particular, Caicovus writes in his” Qobusnoma “that ” so if your mind is a craft-learner, nedinkim is a mindless body without a craft, a body without a picture. [3;5]

O children, O you who have no craft will always be useless”and will not benefit anyone.” In fact, the profession is the life of a person, we can describe as a process that meets the legal norms in society necessary for his survival, which is uniquely complex, which determines the future of the individual. [3;8]

The great qomusi scholar Abu Nasr Farabi expressed his first thoughts on the profession, saying that those who gave valuable advice, chunonchi education-a set of words and skills, and upbringing-was a work-action consisting of practical qualifications, given to a particular profession, those interested in it would be a true masterpiece of this profession. As can be seen from these considerations, the profession has long been a very necessary vital tool for mankind.

Abu Nasr Forobi argues that ” education is a combination of theoretical qualities between peoples and urbanites, and upbringing is a combination of innate qualities and practical occupational qualities between these peoples.

Abu Nasr Forobi believes that as for the quality of a person in the profession and art, this quality is not innate, otherwise there would be absolutely no strength and glory in his thought and virtue. Education is only knowledge of words and learning. And the educator says that practical work is an experiment, that is, the study of the same people, the work that consists of the practical qualifications of the same nation-to be given to the action, to the profession”.

Indeed, through the profession, a person can achieve many achievements of course, but it is natural that the right question arises whether a student of today fully understands, understands the essence of that profession and to what extent he imagines his future. In order for us to analyze these problems, we must turn to the concept of “professional orientation”.

Orientation is the most important characteristic that expresses the dynamics of an individual's development as a social and spiritual being, the main tendencies of his behavior.

Many psychological scientists have been working on the problem of personality orientation in foreign psychology. Despite the differences in the interpretation of personality in all approaches, its orientation stands out as a leading feature. In different concepts, this feature is revealed in different ways.

S.L.Rubinstein states that the person is oriented in "dynamic tendency", A.N.Leontev - "sensing motive", V.N.Myasyshev "dominant attitude", B.G.Ananev "the main direction of life", A.S.Prangishvili comments that” dynamic organization of important human forces”. Thus, orientation is a general characteristic of an individual and determines its psychological structure [4].

Of course, even if the expression of these views of scientists is different, the general problem in all of them is one, that is, orientation is considered the main factor that determines the effectiveness of the behavior and activity of the individual.

S.L.Rubinstein wrote, " the orientation of the individual is manifested in the diversity of ever-expanding and enriching tendencies, which serve as a source of colorful and multifaceted activity. He views orientation as an attitude that has become a personal trait.

In his opinion, an individual is a complex of internal conditions that change the direction of external influences. [5; 103b] from this thought it is clear that the conclusion that an individual is a conscious individual who can adapt, innovate, and adapt to the different levels of influence that are taking on himself in order to be in a favorable form.

In the fact that the future student is becoming more prepared for professional activities, his self-awareness also plays an important role. We know that the formation of an individual's self-awareness is largely influenced by; the assessment of those around them given to the individual as well as the status between peers. The research of these processes was carried out by V.S.Merlin believes that self-awareness is a complex psychological system that encompasses four components.

1. Awareness of my own 'I';
2. The fact that he realizes that he is exactly suitable;
3. Perception of personal psychic qualities;
4. Socio - moral self-assessment system. [3;299]

As a result of the specialist's self-awareness, his psychological training for the profession directly participates as a result of the activation of preliminary training. The initial potential readiness of a specialist for professional activities is directly the basis of his simultaneous readiness. Therefore, in the process of training specialists in medical higher educational institutions, it is necessary to form in them the qualities necessary for professional activity.

The purpose of the profession of Medicine is to generate the necessary wellness for the human body and its members and to prevent them from getting sick. At this point, the activity necessary for medicine is to restore health if it is sick. This work cannot be done without tools and tools. Healers find medicine for each of the diseases.

The craft of medicine involves seven different kinds of knowledge.

- 1) study of certain aspects of human organs;
- 2) state of Health, Study of their exposure ;
- 3) study of the causes of various diseases and The Associated random phenomena;
- 4) study and know the symptoms of Health and disease, causes, evidence, symptoms of the disease that appear throughout the body, in certain organs;
- 5) knowledge of simple and complex drugs, learning the tools used in the profession of Medicine and being able to use them;
- 6) knowledge of the study of the rule-of-Law actions necessary to maintain health in a healthy body;
- 7) health in the body-knowledge of the rules and actions necessary for the restoration of Health.

The main and most complex aspect (psychological side) of the professional training and orientation of the specialist is the professional training of the specialist psyche. This is the level of readiness and orientation of the mental forces of the specialist psyche to carry out its tasks for solving professional issues.

The main components of professional readiness of the specialist psyche are as follows::

1. Referrer intellectual knowledge. This component includes the field of knowledge of the personality of a specialist; professional perception, thinking, imagination, memory, attention, and together they constitute the intellectual readiness of the personality of a specialist for the profession.
2. Motivational readiness. The basis of the motivational readiness of a specialist is the ability to understand the specialty of his profession, be able to compose a positive attitude in himself, evaluate himself, interest in cognitive activity. The motivational readiness of students for professional activities in the training of a specialist in the conditions of a higher educational institution is manifested in the professional and personal development of students in the orientation of the existing motivational framework for self-development in the process of obtaining education.
3. Performance. This component includes professional skills (knowledge, qualifications, skills) a set of important professional qualities such as professional behavior habits, the degree of development of professional abilities and the volitional readiness of a specialist in his behavior and ability to control himself throughout his career, operational functional training.[6;45,46]

The components of the professional readiness of the above specialist psyche are inextricably linked with each other. The perfect formation of one component serves to ensure a high level of standing quality after it. In addition, the fact that in order for a person to become a professional, he must also go through certain periods in his ontogenesis, a number of psychologists, in particular, Kudryavsev.T.Appears in the scientific work of V. In his opinion, it would be necessary for an individual to undergo certain procedures in order to become the owner of a profession. And for this it would be necessary to make a certain period and decisions. It is argued that this process ensures that Shax has a career.

Research scientist T.V.Kudryavsev indicates 4 periods when a person becomes a professional:

- The emergence and formation of an opinion on the choice of profession.
- Preparation for professional activities and training in the profession.
- To actively master the profession, penetrate into it and imagine himself in the collective of development.
- The fact that a person fully exerts himself in professional labor.[3;96]

We know that many popular theories and ideas arise first of all on the basis of thought and imagination, a process that encourages us to become more interested in this type of activity and learn the science of this profession. When trained on the essence and skills of the profession, the individual will feel like the owner of that profession and will strive to be in the staff community. After that, the main stage begins. As long as the person is looking forward to himself and fully manifests himself in the field of the profession, where he received knowledge, and this activity makes him an important part of his life.

In conclusion, the main permissible problems in the formation of professional orientation in the same way as above in students of a medical higher educational institution are in the siafti; it is possible to correctly understand the goals, not be able to harmonize time and actions accordingly, to lack professional training, and to fully show oneself as a “professional”. As a way to overcome this, it would be advisable for us to help in the correct formation of the level of professional orientation in students with their personal positions on the possibility of building a career through the acquisition of a profession, knowledge by professors, parents and loved ones of students in a higher educational institution.