

## PROBLEMS OF EDUCATION OF CHILDREN WITH AUTISM SPECTRUM IN THE FAMILY

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### Annotation

Children with autism spectrum disorders cause a number of social, pedagogical and psychological problems in the family. Today, issues related to raising autistic children in the family constitute current scientific and practical research of special pedagogy. In this article, the author considers family upbringing of autistic children from the point of view of family strength and active socialization of the child.

**Keywords:** autism, autism spectrum disorder, children's autism, diagnosis, special pedagogy, family upbringing

In recent years, practical work related to the birth of healthy children, mother-child health, family health has reached a new level in our country. At the same time, work on early detection, prevention and correction of various developmental defects in children is being continuously improved based on the principle of "For Human Value" of our country. "We set the priority task of ensuring the interests of people and their interests in the center of the state policy in Uzbekistan. It is clear to all of us that this policy will not be limited to one year, it will continue forever" [1], said the head of our state, Shavkat Mirziyoyev, in his address to the people of Uzbekistan and the Oliy Majlis dated December 20, 2022.

The problem of children with autism syndrome is one of the urgent problems not only for families, but also for children and health organizations all over the world. According to the World Health Organization, 1 out of every 100 children in the world today suffers from autism spectrum disorders. Also, these are only statistics based on officially reported cases, and the actual numbers may be much higher [2].

The first social environment that children encounter with the problem of autism is the family. For this reason, in special pedagogy, the issue of more and full awareness of medical, psychological and pedagogical concepts, knowledge and information related to child development of families raising children with autistic disorders is given constant relevance.

Scientific and practical studies conducted in this direction show that in most cases autism appears in children under 3 years of age, but parents do not pay enough attention to its signs in time.

There is a high probability that the signs of autistic disorder in a child will become real at the age of 2-3 years, and this is mainly noticeable in communication with parents or family members. That is, the child does not respond to some actions of others, is indifferent, does not adequately respond to warm and friendly relations, various emotions (affection, caress, sweet words). People and inanimate objects are treated the same, speech disorders, inability to play different conscious and creative games, sameness of behavior, sometimes fear and tendency to aggression can also be signs of autism. In general, the diagnosis of autism in children is usually a comprehensive analysis of the signs

reported by parents and observed by a specialist in the child, his behavior, behavior, communication, social relations, intellectual and emotional development, reaction to external influences and similar characteristics is diagnosed based on.

Despite the fact that many medical, psychological and special pedagogical studies are conducted in the field of children's autism today, it is admitted that it is difficult to make a diagnosis based on external signs. That is why it is necessary for parents to actively cooperate with specialists from the time when symptoms of autism first appear.

Children with autism spectrum disorders, like other children with disabilities, create unexpected problems for the family, including a number of stressful situations for parents. Mothers, who are considered responsible for the care and education of the child during the early development period, face such situations. The main reasons are insufficient imagination, knowledge and skills of the mother about the characteristics of the child's development, lack of trust in her and herself, as well as the unusual attitude of other family members, relatives and people around the child, their inability to accept him correctly. On the other hand, the stress situation of fathers is not directly like that of mothers, but it is directly caused by the negative change of the psychological environment in the family, as a result of mental stress in the mother. A negative aspect for family stability and further development of the child is the transition of stress to a chronic state [3,23].

In general, the problems of families raising children with autism spectrum can be listed as follows:

- As a result of mental and physical "load", parents remain in a state of regular fatigue, tension, anxiety and lack of confidence in the fate of the child;
- The manifestation of the child as a person does not correspond to the wishes and expectations of the parents, as a result, it causes feelings of boredom, pity, sadness, dissatisfaction in the parents, and this affects the attitude towards the child;
- There is tension in family relations, the social status of the family decreases, this has a negative impact not only on the internal relations of the family, but also on the environment of relations around it;
- Parents try to hide their child's disability from others, and family interaction and friendly atmosphere decreases;
- Most importantly, the wrong attitude of the public in some places worries the family members more, which in turn has a certain effect on their position and prestige in the society through their self-restriction [4].

The main thing is that the crisis in the family should not lead to its complete breakdown, and for this, once again, the correct and reliable attitude of the family members towards the child is necessary.

Based on the above, the following is required from parents for proper upbringing of autistic children in the family:

- Not accepting the child as a tragedy, understanding that he is unique with his own characteristics, loving and appreciating him, believing that the child's diagnosis is a part of him, in fact, he has positive aspects and abilities that have not been solved and can be shown in the future;
- Taking the child to specialists, consulting with them about all the processes of his development, constantly following their recommendations and instructions;

- Not to share views about the child with everyone, not to apply unfounded advice and recommendations to the child, and at the same time, not to be cut off from social and other relationships due to the child's defects;
- To support the positive behavior of the child, to help him acquire certain skills, to encourage his achievements and to achieve the active participation of all family members in this process;
- Proper planning and distribution of available opportunities, including time, material and spiritual resources of the family, realizing that education of children with autism is a complex process, requiring a lot of effort and effort;
- Taking the necessary steps for the child's socialization in situations that are convenient for him (taking him for a walk, taking him to a guest, celebrating his birthday with children like him or the children of close relatives who are sympathetic to him, etc.), gradually expanding the environment of communication;
- One of the important aspects is the child's education, and in this matter it will be useful to consult with specialists as early as possible. In turn, it is necessary for parents to have complete information about the education of children with disabilities and inclusive education.

We consider it necessary to make the following suggestions regarding the issue raised in the article:

- organization of psychological and pedagogical consultation centers for parents of children with autism syndrome on the basis of regional medical institutions up to 3 years old, specialized and mixed preschool educational organizations up to 3-7 years old, and special general educational institutions for children over 7 years old (with their regional connection) ;
- Implementation of the project "The world is one for all" in order to support the socialization of children with autism syndrome in order to develop children's social services in the regions;
- Development of popular recommendations and guides for parents of autistic children based on the most effective results of modern pedagogical, psychological and medical research on children's autism on the topic "The way to my child's heart";
- Launching the a-yordam.uz site on the basis of public-private partnership in order to support families of autistic children and to organize permanent consultative assistance.
- Prepare and publish a chrestomat or electronic collection of the best popular articles on childhood autism for parents.

It is difficult to cover all the issues related to family upbringing of children with autism syndrome within a single article. together with this, we consider it necessary to once again emphasize the need to arm parents with more special and popular knowledge for the education and development of such children. Today's improvement of special pedagogy in the world and in our country, new scientific and practical researches will definitely give us specialists a stronger responsibility and encourage research in order to create a new generation of understandable, useful and effective methodical recommendations and manuals, pedagogical and psychological support mechanisms for parents of autistic children is natural.

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