

CORRECTIVE PEDOGOGICAL WORK CARRIED OUT IN STUTTERING CHILDREN

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Annotation

Study of the speech of stuttering children in the article. Methods for the development of independent speech in stuttering children, speech therapy, educational work and cooperation with parents. About moving breathing exercises in stuttering children and point massages that treat stuttering children.

Keywords: Braking, point massage, active points, breathing exercises, stuttering, physiological, scientific basis, muscle, pallidar syndrome, mobile, jerky, spasmodic contraction.

Introduction

The decision of the head of state on October 13, 2020 PQ-4860 "on measures to further improve the educational system for children with special educational needs", identified the targeted and targeted implementation of reforms based on world standards in the educational system of our country as an urgent issue. On the basis of this document, the implementation of tasks aimed at improving the standard and quality of life of persons with disabilities, providing them with medical and social assistance and improving rehabilitation, education, expanding inclusive education, creating an informed environment is determined.

Speech is a special and high-level form of communication that is characteristic only of a person . In the process of Speech Communication, people exchange ideas and influence each other . Speech communication is carried out through language . Language is a system of phonetic lexical and grammatical means . The speaker chooses the words necessary to state his opinion , connects them based on the rules of language grammar and pronounces them through articulation of speech organs . In order for human speech to be understandable and meaningful, the actions of the members of speech must be clear and correct.

Violation of basic functions in speech necessarily negatively affects the activity of a person ,reduces his activity , causes the origin of severe mental experiences. For example , pronouncing certain words incorrectly, while putting a person in an uncomfortable situation, makes him difficult to deal with those around him, the child cannot fully understand his opinion when he speaks . It is the speech disorder that causes such shortcomings that is stuttering . Stuttering is a violation of the pace and tone of speech as a result of the pull of the muscles of the speech apparatus. The problem of stuttering can be considered one of the oldest in the history of the development of the doctrine of speech disorders. Different interpretations of its essence are associated with the development of Science and the degree to which authors approach and approach such speech disorders from what point of view.

Stuttering is a violation of the pace - tone of speech as a result of gravity of the muscles of the speech apparatus . In this case ,the communicative function of speech is derailed, that is, it ceases to be a means of communication or an extension is observed in the middle . In stuttering, mainly the inability of the muscles of the speech apparatus to function smoothly is caused by the friction of the pylate fibers .Foreign scientists say that 2% of the world's children have proven that a stuttering defect has

been observed . On the eve of the XVII-XVIII centuries, stuttering was adapted to be interpreted as a consequence of the immaturity of the external speech apparatus. Santorini, for example, argues that stuttering occurs when the hard palate ruptures and, as it were, fluid gets into the tongue through this crack, making speech difficult. Wütser, on the other hand, explained this in connection with the incorrect deepening of the lower jaw and the presence of a small tongue in it; the interaction between the length of the Erve-de-SHeguan – tongue and the volume of the oral cavity, or its extremely dense adhesion to the short groove.

Other researchers Associate stuttering with violations of the movements of speech organs: involuntary closure of the vocal sac (Arnot, Shultess); excessive rapid exhalation (Becqueral); spasmodic contraction of the muscles to the point where the tongue is held in the oral cavity (Itar, Li, Diffenbach); inconsistency of the thinking and speech process (Blyume); imperfection of the mechanism of speech movement of a person's will

In ancient times, stuttering was viewed as a disease associated with the accumulation of moisture in the coarser cranial brain (Hippocrates) or with the mutual misbehavior of the parts of the articulatory apparatus (Aristotle). During stuttering, Galen, Celsus and Ibn Sina recognized that there could be a violation in the central or peripheral (superficial) sections of the speech apparatus.

Mainly foreign and Russian scientists were engaged in stuttering defects .Currently, stuttering speech impairment is carried out on the basis of a system of logopedic exercises with methods of baartaraf.A.Mironova, G.A.Volokova, V.I.Seliverstov, R. Ye. Levina, A.Y.Scientists such as Yevgenova have done several things that corrects this disease .

Although how many ways to eliminate a stuttering speech defect have been studied, there is still no complete solution to this problem still seen as an urgent problem in this science . Now below I will tell you in detail about modern methods and techniques that eliminate stuttering .

Sing .This is the most effective and easiest way to improve speech, in fact, stuttering becomes impossible when singing .It is recommended to sing as often as possible.

Pause in communication . communicate through notes that is, speak with a slow breath and stretching the sentence .You won't stumble if you can't do that either by writing your sentences on paper and pronouncing them inside yourself several times and then making them out into an external speech

Swimming and playing in the water is a very effective way of correcting stuttering children's speech in addition to these , dolphin therapy , modeling from plasticine, yoga classes are also considered to be effective methods.

Talk . talk to your child about various interesting topics let your child learn or teach you to speak with himself freely by your side a child who has been able to express his opinion to his parents will certainly be able to speak fluently even in public.

Apart from these, movement breathing exercises are also one of the methods that are now very effective . Now I will tell parents and those interested in this exercise in detail about this exercise .This movement breathing exercise is an exercise aimed at breathing and moving the lower breathing by directing the person's speech to be flat and fluent .In this exercise, a deep breath is slowly exhaled and at the same time the child is made to perform appropriate movements then, along with proper breathing, it is said in this way by adding vowel sounds to it in a loud A-----O----E-----I---U---. The

advantage of this exercise is that in combination with proper breathing, correct pronunciation is achieved that is, fluency.

One of the methods that currently give a high result in correcting the speech of stuttering children is point massage . This point massage ensures that the muscles and spindles in our body work smoothly and improves blood circulation in cranial activity . Through a dotted massage, the muscles are in a Free State, and the child is not bothered by any pull-ups as a result, healthy speech can be achieved Stuttering recovery is complex but a speech defect that can achieve a good result if tried in every possible way. Such chickenpox cases do not arise if their child is grown in a healthy environment with proper attention from parents. My advice to parents is that in such cases, specialists will have to fully follow their recommendations and work on their children without despair

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